

# HSE Approved First Aid at Work Requalification Course Emergency First Response

**Duration:** Two Days

**Designed for:** Personnel who require requalification training to enable them to continue as an HSE approved first aider at work.

This course must be completed within the last three months of their HSE first aid at work certification period. If this is not possible, the HSE will allow an extension of twenty-eight days beyond the expiry date.

## **Objectives:**

- To refresh first aid skills.

## **Supplied Student Materials:**

- Emergency First Response Participant Manual
- Emergency First Response DVD

## **Course Content:**

- Scene assessment.
- Incident management.
- Barrier use.
- Primary and Secondary assessment.
- Care of an unconscious casualty.
- Cardiopulmonary resuscitation (CPR).
- Disorders of the airway.
- Serious bleeding and shock management.
- Burns and scalds.
- Injuries to bones, muscles and joints.
- Poisoning.
- Recognition and management of major and minor illnesses.
- Eye injuries.
- Miscellaneous injuries.
- Bandaging,
- Splinting for dislocations and fractures.
- Record keeping and accident reporting.



This course will include group discussions, multi-choice questionnaire and two practical assessments.

On completion of the course a certificate and qualification card will be awarded to each successful staff member. The participating Company are presented with a Corporate Certificate.

**Course Cost: available on application**